

## **NATURE-BASED PROGRAMMES**

## **AWAY DAYS & RETREATS**

'The PERFECT experience to build a team, or to equip leadership with the mindset, motivation and mental means to champion nature. The facilitation was absolutely faultless. An unforgettable experience.'

Stuart West, Sustainability Director, Deloitte

Want to stand out as a pioneer in Environmental Responsibility and leave a strong legacy to your work?

Curious how building a relationship with nature can inform and guide your work?

Needing ways to engage your people on climate, nature and sustainability?

Letters to the Earth is an award-winning global participatory and story-telling organisation, mainstreaming connection with nature to activate change-makers for a more sustainable and regenerative world.

We can help you put nature and climate into the heart of your work, driving strategic, organisational and cultural change. Our programmes offer nature immersion, theory and interactive learning alongside the opportunity for personal reflection and team building. Strengthen your engagement with one of the most important issues of our time by building your relationship with and understanding of nature.

Our nature-based team away days, longer seasonal programmes and retreats can be tailored to your needs and can include the below:

Example Experiences	Key Outcomes
Observation and mapping	Increase wellbeing and awareness through core nature connection practices
Walks & quests	Build deep connection with nature, enhance leadership clarity and creativity
Awareness building experiences	Boost aliveness, presence, and connection with what it feels like to live at a fuller capacity as an individual and in a team
Interspecies conversations	Re-think human activity by imaginatively exploring and giving voice to the experience of other living beings

Writing Letters to the Earth	Strengthen creativity and confidence in your personal nature advocacy
Nature think tanks	Apply nature-inspired systems thinking, innovation and resilience in your work
Wild Service	Gain practical knowledge and skills in nature restoration and protection

'Spending time in nature during the retreat was transformative. This renewed perspective will guide my decisions and the way I work moving forward'

Puninda Thind, Finance Nature Lead with UN Climate Champions Team

'It was a phenomenal experience that nurtured so much more than my awareness and thinking. It tapped into the diverse and deeper sources of energy and knowledge Nature can provide'

Justin DeKoszmovszky, UK Founder & Managing Director Archipel&Co

'The retreat really opened my eyes to new ways of connecting with nature and encouraging others to connect with nature'

Johnathon Miller-McCall, Synchronicity Earth and Conservationist

For further detail, bookings and enquiries please get in touch at programmes@letterstotheearth.com

www.letterstotheearth.com

